

EXCELLENCE -HIGH TRUST-YOU'RE THE GREAT GIFT!

A SCIENCE BASED, PERFORMING ART

Location: Kirkland WA
 Date: November 2025
 Presenter: Dennis M. McLoughlin



Name [optional to you], important to me

Amy Ainsworth

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst Average One of the Best

great location & facility too!!

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. ARFF
- b. gestures



3. What two (2) phrases/quotes in this workshop did you really like?

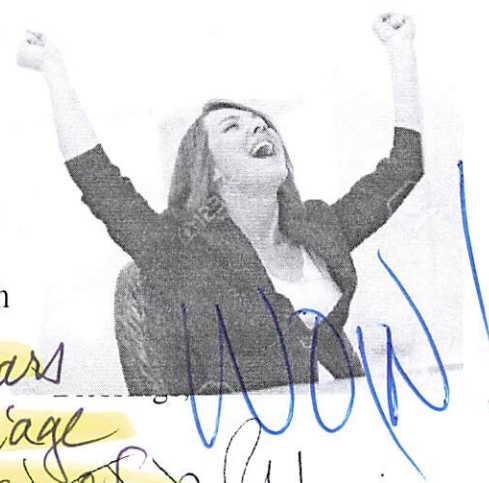
- a. I would like...
- b. It's OK, you can do it any way.
- c. One good thinker, two good thinkers...

4. Denny, I want more [and you'll have it!].....

time with you!! I hope Brian & I can visit you in SB this coming summer.

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

I am so grateful for the 20+ years of friendship & support. My marriage & my kids are on fire because of the skills I gained in this class over the years you are the total gift to teachers!



WOW!

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Name [optional to you], important to me

Jenny Oliver

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. ARFF
- b. Would you like me to comment OR listen?

3. What two (2) phrases/quotes in this workshop did you really like?

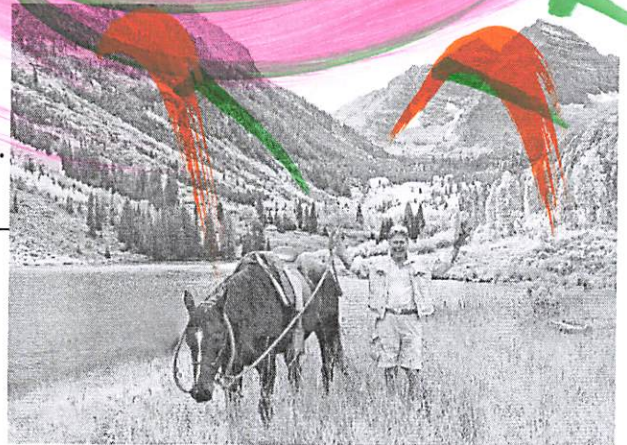
- a. Love more and care less.
- b. Would you please put that in writing so I can remember that forever.

4. Denny, I want more [and you'll have it!].....

time to learn!!

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

I adore this workshop and want to cont. my success with learning more tools to use. IN LIFE not only the classroom.



Dennis M. McLoughlin

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Name [optional to you], important to me

Sofia Siegel

1. How would you *celebrate* this workshop, overall:

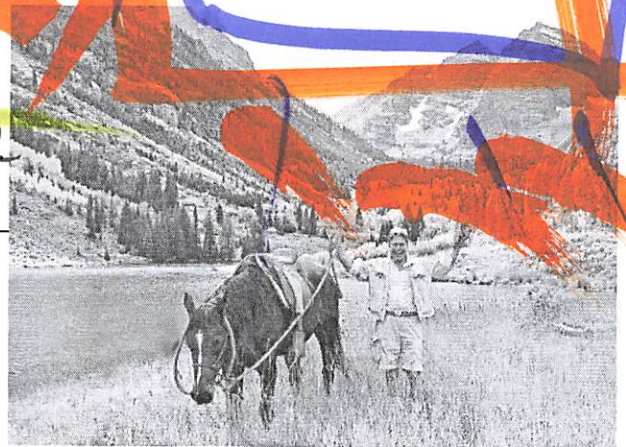
0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+
The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. Unconditional/Conditional love
- b. ARFF



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. what I permit I teach.
- b. Those who name lose the ability to change.

4. Denny, I want more [and you'll have it!].....

Everything! (classes in Spokane)



5. Please share some of your POSITIVE personal thoughts with me, which
[ON THE BACK IF YOU WANT MORE ROOM]

I Love High Trust!

I am so grateful to be able to influence kids, love unconditionally,

Dennis M. McLoughlin

set the standard, and tell the positive truth. My life is healthy and I have the ability to love people and stay away from the sick.

• **THANK YOU!!** Thank you for giving me these skills to use forever.

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Name [optional to you], important to me

Stryder Morrison

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

a. Growing w/ gratitude

b. Telling the positive truth

3. What two (2) phrases/quotes in this workshop did you really like?

a. ARFF

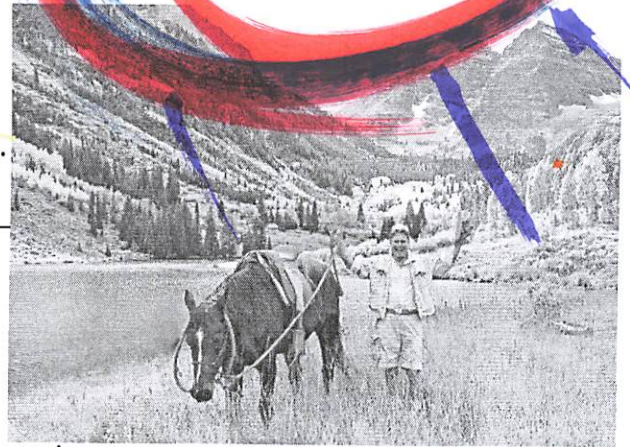
b. Fair means every kid gets what they need. Fair does not mean equal.

4. Denny, I want more [and you'll have it!].....

Time with YOU! and an advanced class would be fun.

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

This class has changed the way I live, view, and interact with the world.



Jamie M. McLoughlin

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Name [optional to you], important to me

Candace Hensley

1. How would you *celebrate* this workshop, overall:

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One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. ARFF
- b. informal diagnosis

3. What two (2) phrases/quotes in this workshop did you really like?

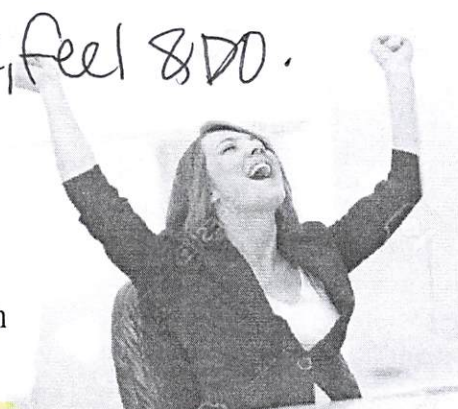
- a. Those who blame lose the ability to change!
- b. Love more & Care less.
- c. I am responsible for what I think, feel & do.

4. Denny, I want more [and you'll have it!].....

of you I really interested in level 3/4

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

Denny, you are such a life changing gift! High trust has changed my life! ❤️



Dennis M. McLoughlin

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Name [optional to you], important to me

Katie Visser
 "Magical Butterfly"

1. How would you *celebrate* this workshop, overall?

0 10 20 30 40 50 60 70 80 90 100.....
 One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. Δ I am responsible for... ^{think} _{feel} _{do}
- b. ARFF is ~~just~~ a gift!



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Get out of judgement and in to fascination.
- b. Those who blame lose the ability to change.

4. Denny, I want more [and you'll have it!].....

509 Workshop ☺
 we're ready

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

Denny, I am forever grateful for
 YOU! (And Trust Psychology.)
 Your support is life-giving.



Dennis M. McLoughlin

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Name [optional to you], important to me

Samantha Caiarelli

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. We don't punish & we don't let it slide
- b. "Where was I?" Level of Concern

3. What two (2) phrases/quotes

in this workshop did you really like?

- a. "You may/can..."
- b. _____



4. Denny, I want more [and you'll have it!].....

people/coworkers to learn from you.
Do you ever do condensed versions for professional developments?

5. Please share some of your POSITIVE personal thoughts with me, which
[ON THE BACK IF YOU WANT MORE ROOM]

I'm so grateful my aunt Amy brought me to your workshop all those years ago. It changed the way I teach & the way I deal w/ my parents.



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Name [optional to you], important to me

Jen Jennings

1. How would you *celebrate* this workshop, overall:

It is a whole new philosophy on relationships for work and life that has inspired excellence with usable skills. This is the most profound & exciting workshop I've ever done. This is life changing and it should be required for all educators

the High Trust experience!

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst Average One of the Best

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

a. ARFF & impact on others & self

b. Positive thinking w/ pos actions
throwing away the list & facts
about control

3. What two (2) phrases/quotes

in this workshop did you really like?

a. "All we want is responsibility"

b. You can love deeply & never hurt again



4. Denny, I want more [and you'll have it!].....

workshops!

I would love to see counseling examples like the ARFF journal & how to show empathy for feelings & reinforce doing it anyway

5. Please share some of your POSITIVE personal thoughts with me, which

[ON THE BACK IF YOU WANT MORE ROOM]

I really appreciate everything about this experience. Thank you for sharing yourself with us.



Jennifer M. McLoughlin

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Name [optional to you], important to me

Kelly

1. How would you *celebrate* this workshop, overall:

I will celebrate my learning from this workshop by positively influencing students to think responsibly and live with respect, trust, joy, and gusto!

the High Trust experience!

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

a. Start with a success

b. Build students up, help them fill their ARFF

3. What two (2) phrases/quotes

in this workshop did you really like?

a. "You may look over here for more success."

b. "Ricky, you are very important and may take your time. You may try again for more success."

4. Denny, I want more [and you'll have it!].....

positive learning and growth for students.

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

Thank you for such valuable information, knowledge, and skills I can apply right away. Your workshop will make me grow as an educator and person!



Dennis M. McLoughlin

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Robin MacDonald

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

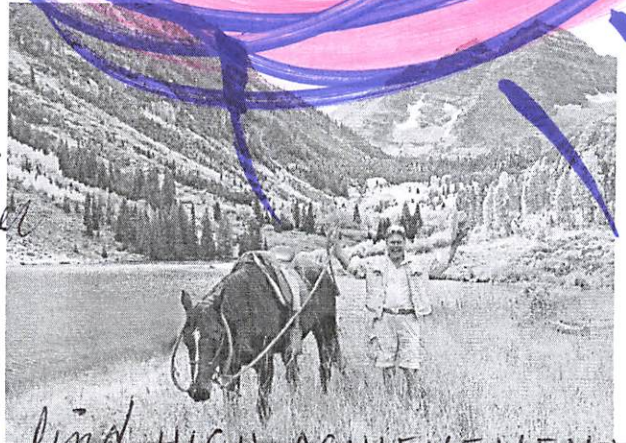
a. ARFF

b. The 3 unconditional parental/teacher responsibilities - safety, health & education

3. What two (2) phrases/quotes in this workshop did you really like?

a. "Whenever you find HIGH TRUST, we find HIGH ACHIEVEMENT!"

b. "... fasting through silk ..."

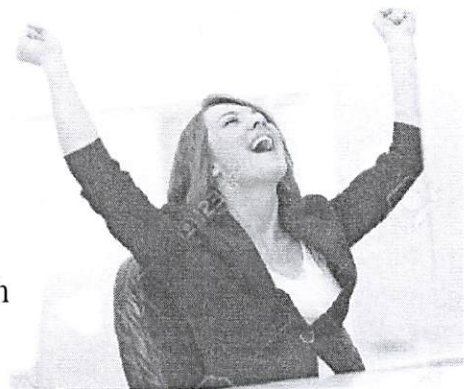


4. Denny, I want more [and you'll have it!].....

• level 3/4 workshop

• "509" workshop

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]



I am grateful for you! Every time

I take your class I love more

and care less. . . I'm becoming

HEALTHIER!
Jennifer M. McLoughlin

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Name [optional to you], important to me

Marissa Albertson

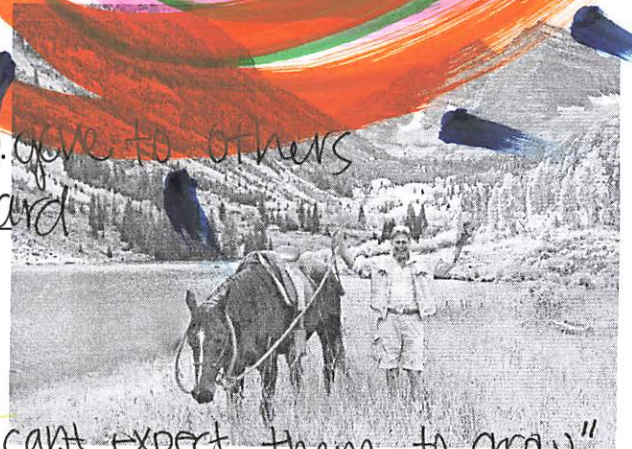
1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best



2. What two [2] ideas/concepts did you really like?

- a. ARFF - you have to fill yours to give to others
- b. those who protect set the standard



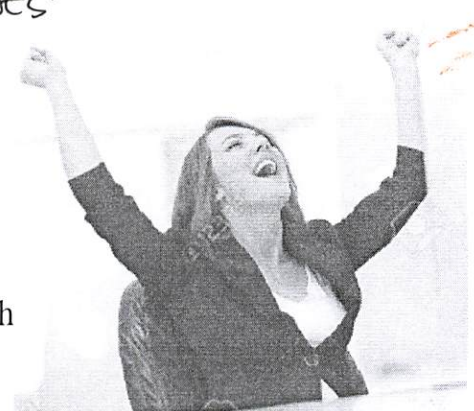
3. What two (2) phrases/quotes in this workshop did you really like?

- a. "you got to get the roses to grow, you can't expect them to grow"
- b. "mistakes are where the new learning goes"

4. Denny, I want more [and you'll have it!].....

deeper understanding on how to help young kids who won't try.

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]



I am so grateful for Stryder for introducing me to high trust and Dennis M. McLoughlin for you for teaching. I am excited to try you!

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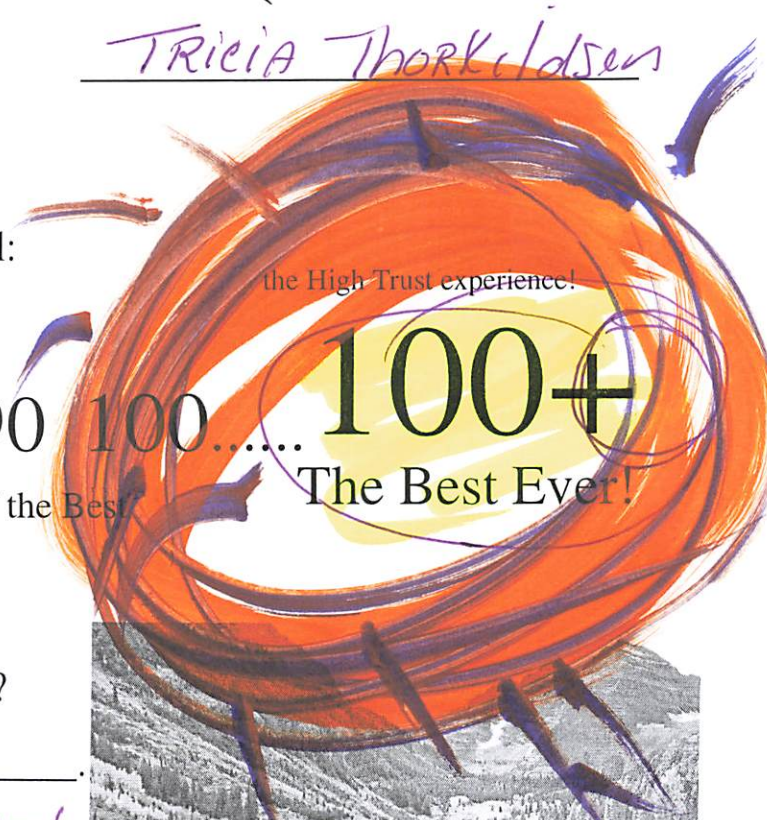


Name [optional to you], important to me

TRICIA Thorkildsen

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best



2. What two [2] ideas/concepts did you really like?

a. Always A.R, F.F.

b. I just discovered this about myself will you grow with gratitude

3. What two (2) phrases/quotes in this workshop did you really like?

a. Those who blame lose the ability to change

b. growing kids to think and be responsible

4. Denny, I want more [and you'll have it!]... Level 3.4 Class

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

Thank you so much For supporting me and providing the skills in life to raise kids who are thriving and a marriage full of honesty, joy and



Dennis M. McLoughlin
Love,
you are a gift

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Name [optional to you], important to me

Shahn

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. Filling our ARFF to be effective teachers
- b. Growing from Gratitude 😊

3. What two (2) phrases/quotes in this workshop did you really like?

- a. Those who blame lose the ability to change
- b. Mistakes are where the new learning goes!

4. Denny, I want more [and you'll have it!].....

time with you! 😊

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

Thank you for an amazing weekend of fun, laughter, and learning!
Always a pleasure having you! ♥



Dennis M. McLoughlin

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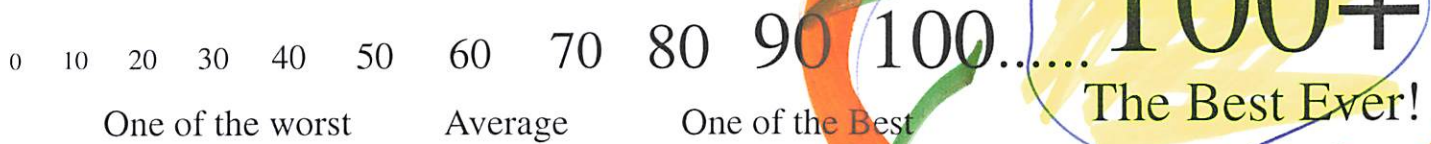
Presenter: Dennis M. McLoughlin



Name [optional to you], important to me

Samantha

1. How would you *celebrate* this workshop, overall:



2. What two [2] ideas/concepts did you really like?

- a. No punishments
- b. instilling success in all areas

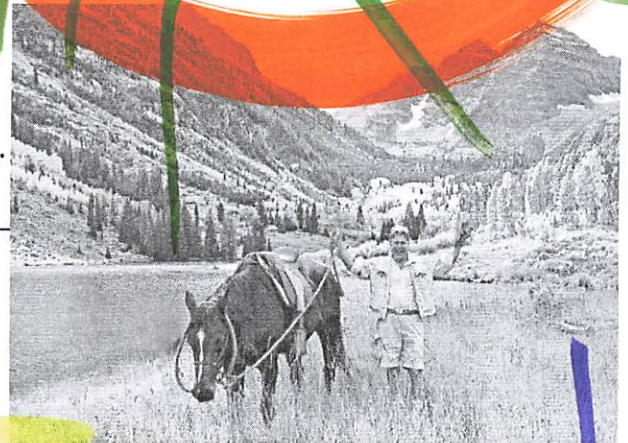
3. What two (2) phrases/quotes in this workshop did you really like?

- a. "We do not punish or let it slide, we teach."
- b. "What I permit, I teach"

4. Denny, I want more [and you'll have it!].....
Scenarios of younger student behavior management

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

Thank you! This was very applicable to all areas of my life! I will be prioritizing my AARF and look forward to bringing it into my student's life and classroom!



Dennis M. McLoughlin

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Name [optional to you], important to me

Tianna Luu-Condle

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. positive classroom practices
- b. auditory assist

3. What two (2) phrases/quotes in this workshop did you really like?

- a. you may
- b. would you like me to listen or would you like me to comment

4. Denny, I want more [and you'll have it!].....

phrases

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

I love all the phrases I have learned to use in response to students. Great additions to my toolbox. Yay!



Dennis M. McLoughlin

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Name [optional to you], important to me

Sarah Hirsch

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

a. ARFF

b. Using the correct words!

3. What two (2) phrases/quotes in this workshop did you really like?

a. "Yay it's you!"

b. Don't leave the sick people alone!

4. Denny, I want more [and you'll have it!].....

workshops! ☺ My sister said she wants to come back again so we'll be watching the website.

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

Thank you for making it "easy" so to speak! I appreciate and love the whole show! You're the best!



Dennis M. McLoughlin

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Name [optional to you], important to me

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

a. ARFF, everyone needs it met.

b. Respect Think Feel DO

3. What two (2) phrases/quotes

in this workshop did you really like?

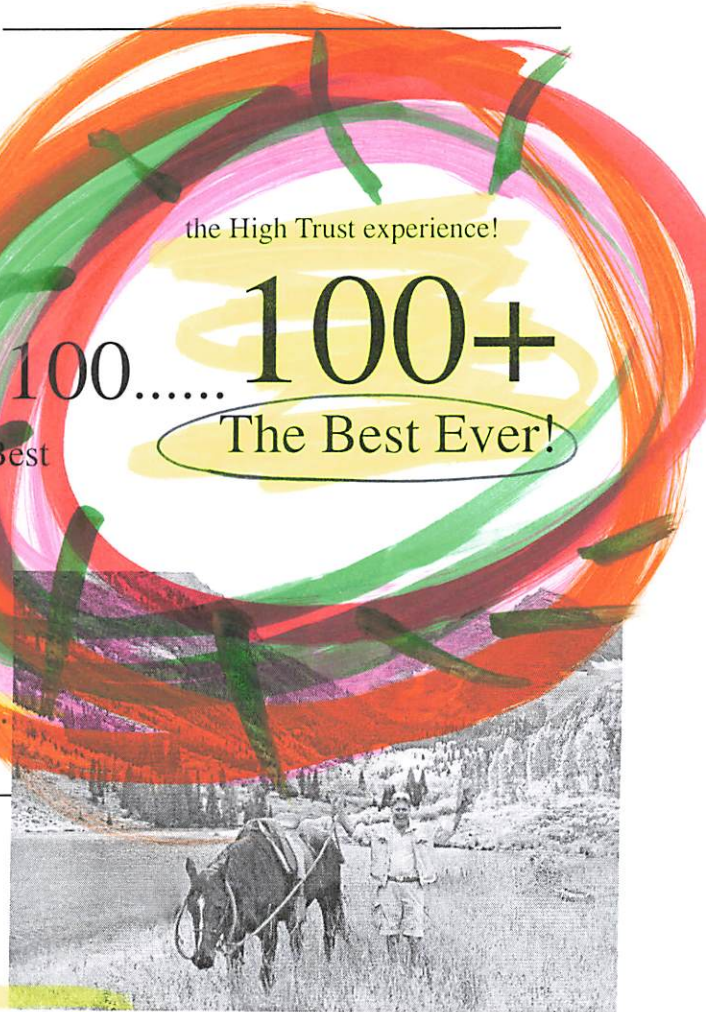
a. My purpose as a teacher is to

b. influence students to think, be responsible w/ respect and trust, & gusto!

4. Denny, I want more [and you'll have it!].....
yes!

5. Please share some of your POSITIVE personal thoughts with me, which
[ON THE BACK IF YOU WANT MORE ROOM]

So much fantastic information and examples to apply in your classroom tomorrow.



Jane M. McLoughlin

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Name [optional to you], important to me

Tanoi Vuylsteke

1. How would you *celebrate* this workshop, overall:



2. What two [2] ideas/concepts did you really like?

- a. Having students feel successful
- b. Teaching/modeling → not punishing



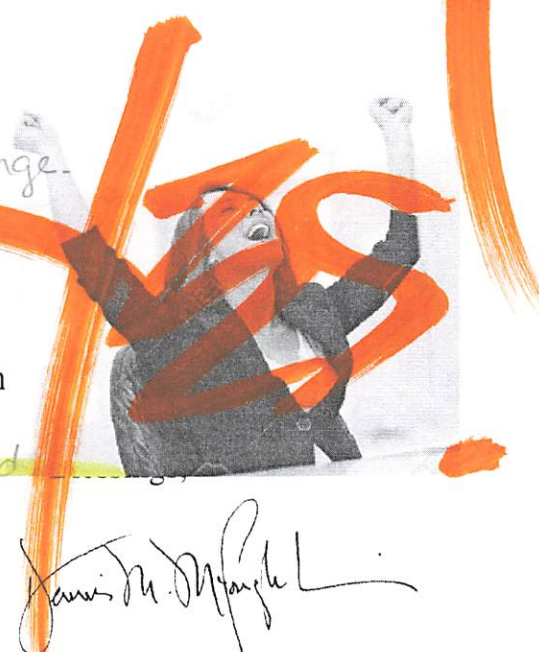
3. What two (2) phrases/quotes in this workshop did you really like?

- a. Yay! You're here!
- b. We love mistakes, because mistakes mean where the new learning goes.
- c. Those who blame lose the ability to change.

4. Denny, I want more [and you'll have it!].....
 ways to connect with others who have taken this workshop to practice with.

5. Please share some of your POSITIVE personal thoughts with me, which [ON THE BACK IF YOU WANT MORE ROOM]

I love the positivity and how it can be used in all aspects of life AND teaching.
I also love how loving the group is to make you feel welcome even when you may be feeling timid at first.



Dennis M. McLoughlin

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Name [optional to you], important to me _____

1. How would you *celebrate* this workshop, overall:

the High Trust experience!

0 10 20 30 40 50 60 70 80 90 100.....
One of the worst Average One of the Best

100+
The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. ARFF
- b. the valleys & canyons of death



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. those who control lose the ability to change.
- b. mistakes are where the ^{new} growth takes place.

4. Denny, I want more [and you'll have it!].....

of explanation of source material for understanding underlying concepts

5. Please share some of your POSITIVE personal thoughts with me, which
[ON THE BACK IF YOU WANT MORE ROOM]

amazing presentation style & blend of entertaining and ~~powerful~~ informing



Jannis M. McLoughlin